

Sickness Exclusion Policy

Quick Reference Table

The following table is a quick reference of parents regarding the Exclusion procedures for illness / communicable diseases at our nurseries.

| Disease/Illness | Minimal exclusion period |
|---|--|
| Diarrhoea and/or vomiting | 48 hours from last episode of diarrhoea or vomiting |
| E. Coli 0157 VTEC | Exclusion is important for young children |
| Typhoid fever and Paratyphoid | Until declared free from infection from the appropriate public health official. |
| COVID 19 | 72 hours from symptom onset |
| Shigella (dysentery) | 48 hours from last episode of diarrhoea or vomiting |
| Respiratory Infections | |
| Flu (influenza) | Until full recovery |
| Tuberculosis | Until declared free from infection from the appropriate public health official. |
| Whooping Cough (pertussis) | 48 hours from commencing antibiotic treatment, or 21 days from onset of illness if no antibiotic treatment |
| Rashes and skin Infections | |
| Athletes Foot | None, Treatment is required |
| Chicken Pox | Until all vesicles are scabbed over |
| Cold Sores | None |
| German Measles (Rubella) | 4 days from onset of rash |
| Hand, foot and mouth | 3-5 days from onset of spots or until spots are all scabbed over |
| Impetigo | Until lesions are crusted or healed or 48 hours after commencing antibiotic treatment |
| Molluscum Contagiosum | None |
| Ringworm / Threadworms | None |
| Roseola (Infantum) | None |
| Scabies | Can return after first treatment |
| Scarlet fever | 48 hours from the first administration of antibiotics. |
| Slapped Cheek/Fifth Disease Parvovirus B19 | None |
| Shingles | Exclusion only if rash is weeping and cannot be covered |
| Warts and Verruca's | None, but should be treated and covered |

| Other Infections | |
|---|---|
| Conjunctivitis | Treatment required, can return once eyes are free from mucus |
| Diphtheria | Exclusion is important, consult with public health official |
| Glandular Fever | 48 hours from the first administration of treatment |
| Headlice | Treatment required, can return when the head is free from lice |
| Hepatitis A | 7 days after onset of symptoms, such as jaundice |
| Hepatitis B and C | As per official medical advice |
| HIV/AIDS | As per official medical advice |
| Meningococcal Meningitis/Septicaemia | Until full recovery |
| Meningitis due to other bacteria | Until full recovery |
| Meningitis Viral | As per official medical advice |
| MRSA | As per official medical advice |
| Mumps | 7 days from onset of swelling |
| Tonsillitis | 48 hours from the first administration of treatment |
| Other Exclusions in Nursery | |
| Temperature | Child must have normal temperature for 24 hours before returning |
| Food Poisoning | 48 hours from last episode of diarrhoea or vomiting |
| Infective Hepatitis | 7 days from onset of jaundice |
| Poliomyelitis | Until declared free from infection by appropriate public health official |
| Thrush | 48 hours from the first administration of treatment |
| Broken bones | Follow parents' wishes and GP advice – risk assessment required before child can return to nursery. |

